



During this time of crisis, we understand that some of our most vulnerable families are facing food insecurity. We have put together this list of food pantries for your support.

## Los Angeles Area

### **Los Angeles Regional Food Bank**

1734 East 41st Street  
Los Angeles, CA 90058  
Phone: 323.234.3030  
Fax: 323.234.0943

**Go online for a list of local pantries in your area**

<https://www.lafoodbank.org/find-food/pantry-locator/>

### **First New Christian Fellowship**

1555 W. 108th Street  
90047 Los Angeles CA  
Phone: 323.756.2541  
Hours: Thursday 9:00 AM - 11:00 AM

### **People for Community Improvement**

13008 South Figueroa  
90061 Los Angeles CA  
Phone: 310.538.4013  
Hours: 2nd & 4<sup>th</sup>  
Friday 11:00 AM - 3:00 PM

### **Aaron Community Center**

1010 West 108th Street  
90044 Los Angeles CA  
Hours: Tuesday 10:00am-12:00pm

### **American Veteran Inc.**

351 East Temple Street  
90012 Los Angeles CA  
Phone: 909-534-5953  
Hours: 8-3 M-F Call ahead to confirm availability

### **Westside Food Bank**

1710 22nd St  
Santa Monica, California  
Call (310) 828-6016  
Go to website for list of food pantry in your area  
<http://www.westsidefoodbankca.org>

### **World Harvest**

1014 Venice Blvd  
Los Angeles, California  
Call (213) 746-2227  
<http://www.WorldHarvestFoodBank.org>

### **Monte Sion Center**

4405 E Olympic Blvd, Los Angeles, CA 90023  
Phone: (323) 974-2856  
**F 8 am- 12 pm with donation \$7**  
<http://montesioncenter.org/>

### **Sova Food Pantry**

8846 W Pico Blvd, Los Angeles, CA 90035  
818) 988-7682 **Zip code restrictions call in advance**  
M-Th 10am -1:30p, Sunday 9-12

### **Holy Trinity Lutheran Church**

9300 Crenshaw Blvd  
90305 Inglewood CA  
Phone: 323.757.1739  
Hours: 2nd & 4th Saturday 1:00 PM-3:00 PM  
Next open date March 28th

### **New Mount Pleasant Missionary Baptist Church**

434 S. Grevillea Ave  
90301 Inglewood CA  
Hours: 3rd & 4th Wednesday 11:00 AM-2:00 PM

### **Inglewood Church of Christ**

323 S. Eucalyptus Ave.  
90301 Inglewood CA  
Phone: 310.674.7690  
Hours: 3rd Friday 10:00 AM - 12:00

### **Greater New Bethel**

601 E. 99th St  
90301 Inglewood CA  
Phone: 310.677.1663  
Hours: 2nd & 4th Tues & Thursday 10:00am-1:00pm

### **Peoples Community Food Bank**

4155 Verdugo Rd, Los Angeles, CA 90065  
Mon - Fri: 9:00 AM - 1:00 PM

### **Hawthorne S.D.A. Church**

3939 Marine Ave 90250 Hawthorne  
Phone: 310.676.4313  
Hours: 2nd & 4th Sunday 10:00 AM-12:00 PM

### **Calvary Presbyterian Church**

13560 Hawthorne Boulevard  
90250 Hawthorne CA  
Phone: 310.676.1144  
Hours: 1st Saturday 12:00 PM - 1:00 PM

### **New Rock of Ages Baptist Church**

12950 S. Prairie Ave  
90250 Hawthorne CA  
Phone: 310.940.1887  
Hours: Wednesday 3:30 PM -4:30

### **Assembly of God Of Hawthorne**

3841 W. 130th St.  
90250 Hawthorne CA  
Phone: 310.675.4137  
Hours: Sunday 12:00-1:00 PM & Wednesday 7:30-9:00 AM

### **St. Joseph Catholic Church**

11901 Acacia Ave.  
90250 Hawthorne CA  
Phone: 310.679.1139  
Hours: 2nd Sunday 9:00am - 11:00

**If you need additional support, please contact our warmline 424.299.1531 press option 1.**

Please note, ASLA cannot guarantee that the organizations provided are open and have availability to accommodate everyone, please contact the organization for availability of food or if you have any additional questions.



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## Los Angeles Area cont.

### Del Aire Baptist Church

4951 W. 119th Place  
90250 Hawthorne CA  
Phone: 310.676.8352  
Hours: Friday 2/28, 3/13 & 3/27 from  
2:00 PM-4:00 PM & Saturday 2/22, 3/7  
& 3/21 from 9:00 AM - 12:00 PM

### Justice Children Deserve

11612 Hawthorne Blvd, Suite 103  
90250 Hawthorne CA  
Phone: 213.426.0108  
Hours: 2nd & 4th Friday 11:00 AM -  
2:00 PM

### Lady Bug Ministry

14725 Gramercy Place  
90247 Gardena CA  
Phone: (323) 751-3748  
Hours: Last Tuesday 9:00 AM - 10:00  
AM (Senior Only Distribution Hours 2nd  
Tuesday 9:30 AM - 10:30 AM)

### Gardena Valley Assembly of God

1473 W. 182nd Street  
90248 Gardena CA  
Phone: 310.329.6933  
Hours: Sunday 12:30 PM - 1:30 PM

### Food Net-Asian Service Center

14112 S. Kingsley Drive  
90249 Gardena CA  
Phone: 310.217.7300  
Hours: Monday - Friday 8:00 AM - 4:00

### St. Margaret's Center

10217 Inglewood Avenue  
90304 Lennox CA  
Phone: 310.672.2208  
Hours: Monday, Wednesday, Friday  
9:00 AM - 12:00 PM & 1:00 PM - 4:00

## Redondo, Torrance, Long Beach and surrounding areas:

### MFP-St. Paul's Methodist Church

2600 Nelson Avenue  
90278 Redondo Beach CA  
Phone: 310.370.4319  
Hours: 1st & 3rd Thursday 9:00 AM -  
11:00 AM

### Salvation Army Redondo Beach

125 W. Beryl Street  
90277 Redondo Beach CA  
Phone: 310.318.2827  
Hours: Monday - Friday 9:00 AM -  
11:00 AM

### St. Catherine Laboure Catholic

3846 Redondo Beach Boulevard  
90504 Torrance CA  
Phone: 310-329-0993  
Hours: Last Saturday 11:00 AM -  
1:00 PM

### Crenshaw Baptist Church

18749 Crenshaw Boulevard  
90504 Torrance CA  
Phone: 310.323.2115  
Hours: 2nd Sunday 9:00 AM - 11:00  
AM

### Community's Child

18807 Crenshaw Pl  
90504 Torrance CA  
Phone: 310.534.4040  
Hours: Tuesday and Friday 10:00  
AM-1:00 PM

### The Foodbank of Southern California

1444 San Francisco Avenue  
Long Beach, CA 90813  
**Phone Number: 562.435.3577**  
**Fax Number: 562.437.6168**  
Contact for list of food pantries in  
your area  
<http://www.foodbankofsocal.org>

### Food Finders

3744 Industry Ave #401, Lakewood,  
CA 90712  
Phone: (562) 283-1400  
M-F 8-5  
**Go online to locate a local pantry**  
<http://www.foodfinders.org/>

### Orange County Food Bank

11870 Monarch St, Garden Grove,  
CA 92841  
Phone: (714) 897-6670  
M-F 8:00 am – 3:00 pm  
<https://ocfoodbank.org/>

### Village Covenant Food Bank

5607 Barranca Ave, Azusa, CA  
91702  
Friday 9 – 1pm  
Phone: (626) 335-4013  
One family member per valid Azusa  
address may pick up food. Bring  
your picture ID and a current bill with  
your name and address.  
<https://www.villagecov.com/food-bank/>

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## San Fernando Valley Area:

### Valley Food Bank

12701 Van Nuys Blvd suite a, Pacoima, CA 91331

Phone: (818) 510-4140

M-F 7 am- 3:30

<https://valleyfoodbank.org/>

### Community Distribution Center

11350 Saticoy St, Sun Valley, CA 91352

Phone: (818) 759-0616

M- Sat 8:00 am – 5:00pm

**Low cost sale of food – meat available  
\$38 food basket (\$200 worth of food)**

<http://communitydistribution.org/>

### North Hollywood Interfaith Food Pantry

4390 Colfax Ave, Studio City, CA 91604

Phone: (818) 760-3575

M & F 9am- 1pm

<https://nhifp.org/>

### Sova Food Pantry

16439 Vanowen St., Van Nuys, CA 91406

818) 988-7682 **Zip code restrictions call in advance to ensure you fit criteria.**

M-Th 10am -1:30p, Sunday 9-12

### The West Valley Food Pantry

5700 Rudnick Ave, Woodland Hills, CA 91367

Phone: (818) 346-5554

M-Th 10 am – 3 pm Friday 10am -12pm

<https://www.westvalleyfoodpantry.org/>

## About the Autism Society of Los Angeles

Did you know that one-third of all people with autism in California live in Los Angeles County?

The Autism Society of Los Angeles is a non-profit 501c3 corporation serving millions of people in the L.A. area affected by autism. Please support our mission, vision and values to make a difference in the lives of people with autism and their families here in our community.

### MISSION

To improve the lives of all affected by autism in Los Angeles County by empowering individuals with autism, their families, and professionals through advocacy, education, support, and community collaboration.

### VISION

We envision a future in which people across the entire autism spectrum can realize their potential and fully participate in the Los Angeles community, throughout their lifetime.

### VALUES

We believe in:

- Options and choices in interventions, services, supports, and programs
- Dignity, equality, and access for people with ASD
- Maximizing the abilities and contributions of all persons with ASD

Visit us at [www.autismla.org](http://www.autismla.org)

Follow us on social media:



[Facebook.com/AutismLA](https://www.facebook.com/AutismLA)



[twitter.com/laautism](https://twitter.com/laautism)

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